

Essentials

Jean Toomer

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A timeless collection of aphorisms by the acclaimed author of Cane, one of the most important books of the twentieth century, Essentials challenges us to consider our search for wholeness and connection with one another in an age of fragmentation, alienation, and exploitation. Destined to become a cult classic, it is inspired by Toomer's study under Gurdjieff and framed by a unique blending of Eastern spirituality and modern psychology. It includes reflections on topics ranging from the dangers of an industrial (and technological) age to the failure of modern religious and educational institutions. Above all, the brilliance set forth in Essentials affirms Toomer's position as America's true African American pioneering genius.



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