

# Finding a Purpose in the Pain: A Doctor's Approach to Addiction Recovery and Healing

James L. Fenley Jr.



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**Finding a Purpose in the Pain: A Doctor's Approach to Addiction Recovery and Healing** James L. Fenley Jr.

Addiction medicine specialist Dr. James Fenley, Jr. shares powerful life lessons and spiritual truths he's learned from twenty-five years of practice and from his own recovery journey through chronic depression, anxiety, and his wife's addiction.

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