



The Urban Garden: How One Community Turned Idle Land into a Garden City and How You Can, Too

Jeremy N. Smith

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Fifteen people—plus a class of first graders—tell how local food, farms, and gardens changed their lives and their community...and how they can change yours, too.

Urban Farming Handbook includes:

- Fifteen first-person stories of personal and civic transformation from a range of individuals, including farmers and community garden members, a low-income senior and troubled teen, a foodie, a food bank officer, and many more
- Seven in-depth “How It Works” sections on student farms, community gardens, community supported agriculture (CSA), community education, farm work therapy, community outreach, and more
- Detailed information on dozens of additional resources from relevant books and websites to government programs and national non-profit organizations
- Over 80 full-color photographs showing a diverse local food community at home, work, and play

Read *Urban Farming Handbook* to:

- Learn how people like you, with busy lives like yours, can and do enjoy the many benefits of local food without having to become full-time organic farmers
- Gain the information you need to organize or get involved in your own “growing community” anywhere across the country and around the world.

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From reader reviews:

Rhonda Rudder:

A lot of people always spent their own free time to vacation or go to the outside with their family members or their friend. Are you aware? Many a lot of people spent that they free time just watching TV, or maybe playing video games all day long. In order to try to find a new activity honestly, that is look different you can read a book. It is really fun to suit your needs. If you enjoy the book which you read you can spent the whole day to reading a reserve. The book The Urban Garden: How One Community Turned Idle Land into a Garden City and How You Can, Too it is rather good to read. There are a lot of individuals who recommended this book. These were enjoying reading this book. When you did not have enough space to bring this book you can buy typically the e-book. You can more easily to read this book from your smart phone. The price is not very costly but this book features high quality.

Louise Guest:

The book untitled The Urban Garden: How One Community Turned Idle Land into a Garden City and How You Can, Too contain a lot of information on it. The writer explains your girlfriend idea with easy way. The language is very clear to see all the people, so do not worry, you can easy to read it. The book was written by famous author. The author provides you in the new era of literary works. It is possible to read this book because you can keep reading your smart phone, or device, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can start their official web-site and also order it. Have a nice learn.

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