



A Starving Madness: Tales of Hunger, Hope, and Healing in Psychotherapy

Judith Ruskay Rabinor

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Judith Ruskay Rabinor is a New York psychologist who specializes in eating and body image disorders. In this revealing book, she shares stories of actual clients seeking therapy and looks at the healing process of psychotherapy and the power of the relationship between therapist and client. Sufferers and their loved ones, as well as professionals will find hope and inspiration in these tales of transformation.

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