

Brand-Name Diabetic Meals in Minutes : Quick & Healthy Recipes to Make Your Meals Tastier & Your Life Easier

American Diabetes Association



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For people with diabetes, the urge to splurge on their favorite brand-name food products can be overwhelming. *Brand-Name Diabetic Meals in Minutes* ends the need to worry about unhealthy indulgences with recipes that include good-for-you ingredients from famous brand names.

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