

Summary: Overachievement - John Eliot: The New Model For Exceptional Performance

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Complete summary of John Eliot's book: "Overachievement: The New Model for Exceptional Performance".

This summary of the ideas from John Eliot's book "Overachievement" shows that overachievers think differently from the average person. In his book, the author compares the overachiever's mindset with that suggested by the traditional quick-fix motivational speakers and self-help speakers. According to Eliot, to join the ranks of the high performers, you need think differently and develop the mindset of an overachiever. This summary will teach you exactly how to do that and provides valuable insights into the mind of the overachiever.

Added-value of this summary:

- Save time
- Understand key concepts
- Expand your knowledge

To learn more, read "Overachievement" and change the way you think about pressure and make it work to your advantage.



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