



Surviving Your Adolescents: How to Manage and Let Go of Your 13–18 Year Olds

Thomas W Phelan

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A step-by-step approach to handling teenagers, this guide helps parents end hassles and improve their relationship with their adolescent. Parents learn how to communicate with teenagers, how to manage teenage risk-taking, how to let go in certain situations, and when to seek professional attention. Concise and encouraging, this resource walks parents through the ups and downs of parenting teenagers as their kids push towards independence.

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