



# Guide to Afro-Cuban Herbalism

*Dalia Quiros-Moran*

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## **Guide to Afro-Cuban Herbalism** Dalia Quiros-Moran

Guide to Afro-Cuban Herbalism is aimed to serve as a reference tool for practitioners of the various african based traditions such as Afro-Cuban Orisha/Ifa Worship, Vodou, Camdoble, et al. This book provides extensive information on the medicinal, religious and magical uses of 700 plants.

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