



# Self and Soul: A Defense of Ideals

*Mark Edmundson*

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## **Self and Soul: A Defense of Ideals** Mark Edmundson

In a culture of the Self that has become progressively more skeptical and materialistic, we spare little thought for the great ideals—courage, contemplation, and compassion—that once gave life meaning. Here, Mark Edmundson makes an impassioned attempt to defend the value of these ancient ideals and to resurrect Soul in the modern world.

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