



# If You Make the Rules, How Come You're Not Boss?: Minding Your Body's Business

*Elaine Smitha*

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*Elaine Smitha*

**If You Make the Rules, How Come You're Not Boss?: Minding Your Body's Business** Elaine Smitha

Would you like to be boss of your life?

If you answered “Yes!” then you will profit from this ground-breaking book. Elaine Smitha introduces amazing discoveries that empower you to take charge of your life in a faster, surer way than previously known. You’ll learn the secrets of how your body communicates, what to do to strengthen your immune system, and when you’re most at risk. You’ll learn tools to deal with the loss of loved ones, to recover from divorce, and to get your life back when you’re stuck on the treadmill of convention. The popular TV talk show producer and host Elaine Smitha has researched multiple avenues of self-powered techniques geared to the progressive track of personal growth. Millions of people have been helped by this knowledge. You will be too. In this easy-to-understand book, you’ll learn how one decision will change your life. You'll also learn: Why you’re a radio-controlled robot. How the body eavesdrops on your conversations. How sickness is an investment in a belief. Five stress-inducing agents. How your body can heal in a moment. How beliefs affect your ability to deal with life. How others have succeeded in reclaiming their lives. The secrets of your hidden power. And much, much more.

*If You Make The Rules . . . How Come You’re Not Boss?* is the result of a lifetime of research and experience in teaching millions of people how to achieve freedom from limiting beliefs. Now it’s your turn to own the truth. Realize your dreams--Right Now!

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