



La superación no tiene límites (Spanish Edition)

Oscar Alfonso Muñoz López

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En el mundo que se vive actualmente, lleno de cambios, dinamismo y presiones que vienen de la sociedad, hace que los temas de superación sean de gran importancia para elevar la autoestima en cualquier actividad que se desarrolle en la vida, como la familia, el trabajo u otro. Para lo anterior, se requiere de una superación en forma integral que implique un fortalecimiento en la mente, cuerpo y espíritu.

El presente trabajo guía a todas las personas en general, sin discriminación de razas, religiones, profesión o cargos, para triunfar en la vida con el logro del cumplimiento de los objetivos y metas que se propongan, teniendo como ejemplo unas historias muy sencillas de enseñanza que permitan mejorar la vida en cualquier ámbito donde se encuentren.

El libro contiene historias, mensajes y anécdotas de desarrollo personal, profesional y laboral de aplicabilidad actual, que mediante un lenguaje escrito sencillo y con la compañía de un gran número de gráficos permiten un fácil entendimiento y enriquecimiento del conocimiento en cualquier entorno de nuestro desarrollo.

El propósito del libro La Superación No Tiene Límites es guiar a todas las personas para que sean felices con mensajes prácticos de superación, donde se refleje en el día a día una actitud positiva y armonía para alcanzar el éxito en la vida.

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