



# **Chicken Soup for the Soul: Family Caregivers: 101 Stories of Love, Sacrifice, and Bonding**

*Joan Lunden, Amy Newmark*

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Readers caring for an ailing family member will find support and encouragement in these stories by others like them. *Chicken Soup for the Soul: Family Caregivers* will inspire and uplift family members who are making sacrifices to make sure their loved ones are well cared for.

Do you have a family member who requires constant care? You are not alone. This collection offers support and encouragement in its 101 stories for family caregivers of all ages, including the “sandwich” generation caring for a family member while raising their children. With stories by those on the receiving end of the care too. These stories of love, sacrifice, and lessons will inspire and uplift family members making sacrifices to make sure their loved ones are well cared for, whether in their own homes or elsewhere.

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