

## Matrix Reimprinting Using EFT: Rewrite Your Past, Transform Your Future

Karl Dawson, Sasha Allenby



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Matrix Reimprinting is a completely new personal development technique which dramatically improves health and wellbeing. It was developed from the popular self-help technique EFT, a meridian tapping therapy which has shown outstanding results with both physical and emotional issues.

In this book you will learn:

- the science behind this technique and why it works, including the latest information on the Matrix, the New Biology, the body-mind connection, and the physiology of stress and trauma
- new protocols for working with trauma, relationships, addictions, phobias, allergies, birth, and the early years
- new ways of accessing blocked memories
- considerations for working with long-term illness or serious disease

... and much more. Whether you are new to EFT or a seasoned practitioner, this book contains a wealth of resources that will enable you to rewrite your past and transform your future - and that of your family, friends, or clients.

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