



How to Remember (Almost) Everything, Ever!: Tips, tricks and fun to turbo-charge your memory

Rob Eastaway

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Struggling to remember all that information they're stuffing you with at school? Want to impress your friends with amazing memory feats? Can't keep on top of all your online passwords? Then you need this book! Packed with cool tricks and fun exercises, How To Remember Almost Everything, Ever will help you hone your memory to super-hero standards. Learn how imagining a walk down your street can help you remember a shopping list, how you can memorise a phone number by picturing the digits as letters, and how music, rhymes and even smells can help. Find out what your brain has in common with a computer, how spies committed things to memory, and how to flummox your parents with memory tricks. A completely updated, reillustrated and redesigned edition of a book first published in 2007, How to Remember Almost Everything, Ever is the perfect book for anyone who wants to improve their study skills and make their memory the best it can be.



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