



Live Like Sally

Sally Fitzgibbons, Lucas Townsend

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One of Australia's most popular athletes, Sally Fitzgibbons shares the secrets of becoming one of the world's best in her debut book, LIVE LIKE SALLY. Sally Fitzgibbons is one of the most loveable women in Australian sport, having built a wildly diverse and record-breaking career as a professional surfer. Known for her infectious positivity, beneath the famous smile is a passionate competitor who's dedicated herself to winning a world title. But amidst it all is the poise of an independent young woman, living a holistic and healthy lifestyle, proud and in control of her decisions. LIVE LIKE SALLY shares the knowledge and lessons Sally has learned in areas like fitness, nutrition, body image, victory, defeat and adventure - all splashed with salt water and told with a smile!

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