



When Roles Reverse: A Guide to Parenting Your Parents

Jim Comer

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After his father suffered a massive stroke and his mother was diagnosed with Alzheimer's, Jim Comer found himself an overnight "parent" at the age of 51. When he walked into his father's hospital room everyone looked to him as the "man who knew all the answers." He soon realized he didn't even know the questions.

In ten years of caregiving, Comer has not only learned the questions he has *lived* them, and with *When Roles Reverse* he shares his hard-won answers.

He learned to deal with hospitals, insurance companies, rehab centers, his father's deafness and his mother's dementia. Through it all Jim has kept his sanity and sense of humor, in the process forging a deeper, more intimate relationship with his parents.

With laugh-out-loud humor, Jim deals with improvisational moments for which there is no preparation:

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And offers personal experience and expert insight on the many issues it's absolutely essential to plan for such as:

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When Roles Reverse even includes "Fifty Questions that will save you Time, Money, and Tears," a special section designed to help families initiate vital communication and prepare for the crises, confusion and unexpected joys of caregiving.

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Matt Cresswell:

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