



55 Creative Approaches for Challenging & Resistant Children & Adolescents: Techniques, Activities, Worksheets

Susan P. Epstein Lcsw

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Focusing on the difficult to engage, Susan has combined psychotherapy and coaching skills to address Autism, ADHD, Sensory Processing Disorders and other body, mind and emotional challenges. Susan's signature style of creative and fun approaches features something for every age group.

- New ideas to help self-regulation, bonding and connecting
- Mindfulness for treating & raising successful, responsible children and adolescents
- Interventions to focus ADHD & the difficult to engage
- Treatment plans for therapy sessions and home
- Filled with step-by-step assessment tools and reproducible worksheets

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