



Rehabilitation of Sports Injuries: Current Concepts

G. Puddu, A. Giombini, A. Selvanetti

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Written by an international board of experts this comprehensive text provides an in-depth review on the treatment and rehabilitation of the most common sports-related injuries according to the latest scientific developments in functional rehabilitation and the most clinically relevant features of pathophysiology of sports lesions. The management of acute and overuse sports lesions are classified by body area (spine, upper and lower extremity).

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