



# Tapping Play: Creates Your Happy Rainbow Day

*Debbie Kay Teichmann*

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## **Tapping Play: Creates Your Happy Rainbow Day** Debbie Kay Teichmann

2012 NEXT GENERATION INDIE BOOK AWARDS FINALIST Tapping Play® is a daily celebration of your beautiful and unique child (inner child) through inspired tapping, singing and movement. The 7 songs, one for each day of the week, emphasizes positive self-esteem verses, happy thoughts, I AM affirmations, joyful expressions of self-love and happy hugs. These up-beat songs of love and celebration have no age limit and ignite happiness and joy in everyone young and old. Each day, Annabelle, your free-spirited tapping guide, magically leads you and your child through the Happy Rainbow Day song; while Franny and Billy joyfully show your child the corresponding color coded tapping points and song words. Energy tapping on meridian points is a part of Emotional Freedom Technique (EFT). This daily practice roots your child in self love, love of their unique self expression, and love of life while anchoring them into embodied peace and calmness. Share this gift of LOVE and harmony with those special little beings in your life. Tapping Play® is designed to be fun and carefree: Your beautiful little free spirits know what feels good, so watch them tap away! This gift of LOVE includes the Tapping Play® award winning book. The Tapping Play® animated DVD, and musical CD are also available on Amazon. Annabelle, Billy and Franny invite you to listen to Rainbow Monday Song at [tappingplay.com](http://tappingplay.com).

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Tapping Play: Creates Your Happy Rainbow Day can be one of your basic books that are good idea. Many of us recommend that straight away because this book has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining but nevertheless delivering the information. The author giving his/her effort that will put every word into delight arrangement in writing Tapping Play: Creates Your Happy Rainbow Day but doesn't forget the main level, giving the reader the hottest and based confirm resource information that maybe you can be among it. This great information can easily drawn you into new stage of crucial pondering.

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