



# An Unauthorized Guide to The Biggest Loser: The Weight Loss Reality TV Series

*D. Carter*

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**An Unauthorized Guide to The Biggest Loser: The Weight Loss Reality TV Series** D. Carter

This audiobook examines *The Biggest Loser*. The long-running reality TV show features overweight contestants competing to drop pounds. Listen to find out what the show is about and how it was created.

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