

# **Journey Through Pet Loss**

Deborah Antinori

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Journey Through Pet Loss is a soulful outreach to those who lose an animal companion through death or other circumstances. Deborah Antinori, MA has woven a tapestry of personal and professional elements throughout these audiotapes creating a balance between helpful suggestions from her professional experience as a therapist and pet loss counselor, and her personal experience as a pet owner.

This double cassette album features a variety of topics on pet loss including the reasons why one can experience such a deep sense of loss, memorial tributes for animals, the value of reminiscence, grief phases and tasks, issues of illness and death of a pet, euthanasia, burial and cremation issues, complicated mourning, associations to other losses, and other forms of pet loss such as lost pets and animals who must be given away.

Deborah tells her story of the love and loss of her dog of nearly fifteen years, Yoko, whose bright spirit still lives on in her heart. Deb! orah's poetry collection "All of a Sudden" was written at various times throughout the first year without Yoko to help her to cope with the void she experienced in Yoko's absence. This poetry is interlaced with the stages of grief, highlighting in a poignant way the many levels of feeling pet owners may experience when their animal is no longer around. Underscored with poignant music written by Marcos Estebez, the poetry contains timeless themes and can be used by pet owners for personal reflection time or a commemorative service for their pet, by therapists in pet loss and general grief therapy groups, and by veter inarian and human society staff for memorial services for animals.

This tape series provides a psycho-educational, personal and artistic look at a subject that affects anyone who owns a pet, since we will most likely outlive our charges. Written for the general public, "Journey Through Pet Loss" covers many topics that can benefit mental health counselors, ve! terinarians and vet support staff in the area of pet bereav! ement. Also appropriate for pet loss counselors with group and individual clients, portions of the tapes can be used in conjunction with ongoing therapy pr actices.

Animal lovers' feelings are honored and explored by remembering their pets which is encouraged by Deborah's reminiscences of life with and without Yoko. Listeners are given a precious opportunity to join in the honoring of one's special friend and the fe elings we experience in their absence in this "Journey Through Pet Loss".

The two cassettes have a total running time of 3 hours and 26 minutes. A 15-page Pet Loss Resource Booklet accompanies the tape series and cites any references Deborah makes to a pet loss specialist, organization, article, book or other pet loss resource mentioned by her on the tape.



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In this 21st millennium, people become competitive in most way. By being competitive currently, people have do something to make these people survives, being in the middle of the particular crowded place and notice by surrounding. One thing that often many people have underestimated it for a while is reading. That's why, by reading a book your ability to survive increase then having chance to stand up than other is high. For you personally who want to start reading a new book, we give you that Journey Through Pet Loss book as basic and daily reading guide. Why, because this book is greater than just a book.

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