



Help for The Hard Times: Getting Through Loss

Earl Hipp

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Help for The Hard Times: Getting Through Loss Earl Hipp

Earl Hipp addresses loss from the perspective of the heart. He discusses young people's experiences with loss and helps them figure out ways to continue functioning after loss. You will provide students with tools to grieve and ways to keep their losses from becoming too overwhelming.

This book, along with the *Caring Circle: A Facilitator's Guide to Support Groups* and *Thirty-Eight Great Handouts* are all part of a complete curriculum to use in developing broad-based support groups for young people ages 12 and older. Other books that can be purchased that are part of this program to help teens in specific areas are:

-*Feed Your Head* (Self-Esteem) -*Fighting Invisible Tigers* (Stress) -*Understanding the Human Volcano* (Violence)

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