



Great Good Food: Luscious Lower-Fat Cooking

Julee Rosso

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Julee Rosso, the co-author of **The Silver Palate Cookbook** brings us **the** cookbook for the '90s, focusing on today's number-one food-health concern: reducing fat. Rosso offers a broad collection of more than 800 delicious and easy, new recipes and a treasure trove of nutritional information, gardening and shopping tips, seasonal and international menus, and food history and lore. **Illustrations.**

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