



# Pema Chodron 2017 Engagement Datebook Calendar

*Pema Chodron, Amber Lotus Publishing*

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The Pema Chödrön: Awakening the Heart weekly engagement calendar features quotes from Chödrön's book *Living Beautifully with Uncertainty and Change* and is designed to help us cultivate compassion, courage, and awareness within the challenges of daily life through mindfulness and Eastern philosophy. These insightful quotes are paired with beautifully evocative and meditative nature photography.

- 12 full-color monthly tabs featuring stunning nature photography paired with wisdom quotes from Pema Chödrön.
- The perfect inspirational art gift.
- Includes a Notes section for journaling extra information throughout the year.
- Hardcover datebook with Wire-O binding and elastic band closure.
- 52 weekly pages with month- and year-at-a-glance.
- Includes a handy pocket to store extra papers.
- Published by Amber Lotus, an independent carbon-negative US company that has planted more than half a million trees since 2008.
- This calendar features US and Canadian legal holidays, phases of the moon, and important observances of the world's major religions.

Pema Chödrön is a leading exponent of teachings on meditation and how they apply to everyday life. She is widely known for her engaging and down-to-earth interpretation of Tibetan Buddhism for Western audiences. Chödrön has authored several best-selling books, including *Comfortable with Uncertainty*, *When Things Fall Apart*, and *Start Where You Are*.

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